


**SUMMARY**

Applicant respectfully believes the application is in condition for prompt examination and allowance.

Respectfully submitted,

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CLAIMS AS AMENDED

1. A method for helping a subject to stop smoking, said method comprising:
  - (A) providing a non-conditioning educational program to educate the conscious  
5 mind to discourage smoking behavior;
  - (B) providing a hypnosis program to train the subconscious mind to discourage smoking behavior; and
  - (C) providing a ~~stop-smoking~~ substance selected from the group consisting of : a  
10 stop-smoking substance in an amount effective to aid in the reduction or  
cessation of a craving to smoke tobacco; a weight control substance in an  
amount effective to control body weight; and a dietary supplement  
substance in an amount effective to supplement the diet.
2. The method of claim 1, wherein said ~~stop-smoking~~ substance comprises an ~~anti-depressant~~  
15 stop-smoking substance in an amount effective to aid in the reduction or  
cessation of a craving to smoke tobacco.
3. The method of claim 2, wherein said ~~anti-depressant~~ substance comprises a ~~drug~~  
substance a weight control substance in an amount effective to control body weight.
4. The method of claim 3, wherein said ~~drug~~ stop-smoking substance comprises  
bupropion hydrochloride.
- 20 5. The method of claim 2, wherein said ~~anti-depressant~~ substance comprises a  
~~nutritional~~ dietary supplement substance in an amount effective to supplement the diet.
6. The method of claim 5, wherein said ~~nutritional supplement~~ substance comprises  
gotu kola.
7. The method of claim 5, wherein said ~~nutritional supplement~~ substance comprises  
25 kava kava.
8. The method of claim 5, wherein said ~~nutritional supplement~~ substance comprises  
lobelia.

9. The method of claim 1, wherein said ~~stop-smoking~~ substance comprises an anxiolytic.

10. The method of claim 9, wherein said anxiolytic ~~comprises is~~ a drug substance.

11. The method of claim 9, wherein said anxiolytic ~~comprises is~~ a nutritional dietary supplement.

12. The method of claim 1, wherein said ~~stop-smoking~~ substance ~~comprises is~~ a nicotine receptor antagonist.

13. The method of claim 12, wherein said nicotine receptor antagonist ~~comprises is~~ a drug substance.

14. The method of claim 12, wherein said nicotine receptor antagonist ~~comprises is~~ a nutritional dietary supplement.

15. The method of claim 14, wherein said nutritional dietary supplement ~~comprises is~~ lobelia.

16. A system for helping a subject to stop smoking, said method comprising:

(A) a non-conditioning educational program to educate the conscious mind to discourage smoking behavior;

(B) a hypnosis program to train the subconscious mind to discourage smoking behavior; and

(C) a substance selected from the group consisting of : a stop-smoking substance in an amount effective to aid in the reduction or cessation of a craving to smoke tobacco; a weight control substance in an amount effective to control body weight; and a dietary supplement substance in an amount effective to supplement the diet.

17. The method of claim 16, wherein said ~~stop-smoking~~ substance comprises a stop-smoking substance in an amount effective to aid in the reduction or cessation of a craving to smoke tobacco ~~an anti-depressant~~.

18. The method of claim 17, wherein said ~~anti-depressant~~ substance comprises a weight control substance in an amount effective to control body weight ~~a drug substance~~.

19. The method of claim ~~18~~17, wherein said ~~drug-stop-smoking~~ substance comprises bupropion hydrochloride.
20. The method of claim ~~17~~16, wherein said ~~anti-depressant~~substance comprises a ~~nutritional~~dietary supplement substance in an amount effective to supplement the diet.
- 5 21. The method of claim 20~~16~~, wherein said ~~nutritional-supplement~~substance comprises gotu kola.
22. The method of claim 20~~16~~, wherein said ~~nutritional-supplement~~substance comprises kava kava.
23. The method of claim 20~~16~~, wherein said ~~nutritional-supplement~~substance  
10 comprises lobelia.
24. The method of claim 16, wherein said ~~stop-smoking~~ substance comprises an anxiolytic.
25. The method of claim 24, wherein said anxiolytic ~~comprises-is~~ a drug-substance.
26. The method of claim 24, wherein said anxiolytic ~~comprises-is~~ a nutritionaldietary  
15 supplement.
27. The method of claim 16, wherein said ~~stop-smoking~~ substance ~~comprises-is~~ a  
nicotine receptor antagonist.
28. The method of claim 27, wherein said nicotine receptor antagonist ~~comprises-is~~ a  
drug-substance.
- 20 29. The method of claim 27, wherein said nicotine receptor antagonist ~~comprises-is~~ a  
~~nutritional~~dietary supplement.
30. The method of claim 29, wherein said ~~nutritional~~dietary supplement ~~comprises-is~~ a  
lobelia.
31. A stop smoking kit comprising:  
25 (A) a non-conditioning educational program to educate the conscious mind to  
discourage smoking behavior;  
(B) a hypnosis program to train the subconscious mind to discourage smoking  
behavior; and

(C) a substance selected from the group consisting of : a stop-smoking substance in an amount effective to aid in the reduction or cessation of a craving to smoke tobacco; a weight control substance in an amount effective to control body weight; and a dietary supplement substance in an amount effective to supplement the diet.

32. The method of claim 31, wherein said ~~stop-smoking~~ substance comprises a stop-smoking substance in an amount effective to aid in the reduction or cessation of a craving to smoke tobacco ~~an anti-depressant~~.

33. The method of claim ~~32~~31, wherein said ~~anti-depressant~~ substance comprises a weight control substance in an amount effective to control body weight ~~a drug substance~~.

34. The method of claim ~~33~~32, wherein said ~~drug~~ stop-smoking substance comprises bupropion hydrochloride.

35. The method of claim ~~32~~31, wherein said ~~anti-depressant~~ substance comprises a nutritional dietary supplement in an amount effective to supplement the diet.

36. The method of claim ~~35~~31, wherein said ~~nutritional supplement~~ substance comprises gotu kola.

37. The method of claim ~~35~~31, wherein said ~~nutritional supplement~~ substance comprises kava kava.

38. The method of claim ~~35~~31, wherein said ~~nutritional supplement~~ substance comprises lobelia.

39. The method of claim 31, wherein said ~~stop-smoking~~ substance comprises an anxiolytic.

40. The method of claim 39, wherein said anxiolytic ~~comprises is~~ is a drug substance.

41. The method of claim 39, wherein said anxiolytic ~~comprises is~~ is a nutritional dietary supplement.

42. The method of claim 31, wherein said stop-smoking substance ~~comprises is~~ is a nicotine receptor antagonist.

43. The method of claim 42, wherein said nicotine receptor antagonist ~~comprises~~ is a drug-substance.
44. The method of claim 42, wherein said nicotine receptor antagonist ~~comprises~~ is a ~~nutritional~~ dietary supplement.
- 5 45. The method of claim 44, wherein said ~~nutritional~~ dietary supplement ~~comprises~~ is lobelia.